

# Rosheena Beek

*Author*

**Children are  
our gifts from  
God!**

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***Mommy Says!***

***#8 Bermuda's Best  
Seller 2015***

***The Bookmart***

## ***About Rosheena***

With Rosheena's first book, "I Find It So Hard" becoming the "Best Seller - Spring 2011" and the same book being chosen by Janiece Montoya, a Mental Health Councilor, of Denver Colorado to write a bibliotherapy lesson plan, at the University of Louisiana, based upon this book, Rosheena has continued to grow as a new author. Since that time and back by popular demand, the second edition of, "I Find It So Hard!" - "Mommy Says!" has been produced.

This book is shaping up to be just as popular and a much-needed staple in the lives of all mothers, who are concerned about their communication between them and their children. Not only has elementary schools throughout Bermuda made, "Mommy Says" a part of their libraries but recently, "Mommy Says" was chosen by the Children's Defense Fund to be a part of their "Freedom Schools" program. The *CDF Freedom Schools* program is designed to have a positive impact on educational enrichment, cultural appreciation, character development, parental support, leadership, and community involvement.

A widowed mother of three powerful, grown children, Rosheena has had the successful hands-on experience of being a mother and who's only goal is to be an example through her lifestyle and works, to help to give back to her community and the world.