

# Mommy Says!

by  
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Illustrated by  
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Mommy Says! is a book about communication between mother and child. It concentrates on the axioms that are taught by the mother to the child on a daily basis and it is not until the child is away from it's mother that they have an opportunity, whilst in life situations, to remember the retained knowledge and apply it to their situation. Mommy Says! gives mothers the opportunity to remember the messages that they were raised on and how to deliver them effectively to their young ones. This book is a children's book but it is unique because it helps parents to enhance their parenting skills through poetry, at the same time, laying a mental foundation for our children to make wise, character building choices.

Also, an added feature is that each axiom has a corresponding Adinkra symbol that supports the lesson. Adinkra symbols are a language that has been written by Ashanti people of Ghana, West Africa, for hundreds of years and by the end of the book the child and parent will learn what each symbol means, as well as know how to pronounce the symbols names. Hence, learning the language of the Ashanti.

*"Rosheena is truly an amazing writer and your students will grow and learn from the experience!"*

*Janiece Montoya - Mental Health Counselor/Third Way Center, Denver CO.*

**#8 Bermudian Best Seller 2015 - The Bookmart, Bermuda**